



Open Water Swimming Procedure and Rules

A Quick Overview

- 08.30 onwards Swimmers pay appropriate fee at the WTC registration table (arrive as early as possible; be patient if necessary)
- In return, swimmers receive a numbered wristband
- Swimmers change in Pugneys building (opens at 09.00)
- Swimmers gather at quay side (not on jetty or by water's edge) and hang up locker key
- Lead WTC Spotter gives a briefing
- Swimmers enter water when Spotter gives permission
- 09.55 Hooter sounds, swimmers prepare to leave water
- 10.00 Swimmers leave water (promptly) and are checked-out at the quayside

Registration

All fees are paid to WTC before entering the Pugneys building. Join the appropriate queue.

Current WTC members with their membership card

- Have your card, and £3.40 ready *before* you get to the front of the queue.
- Hand over you card and fee and receive a numbered wristband (they record your name)
- Confirm you have your yellow hat (If you aren't a confident swimmer, take a white hat)
- Get changed
- Assemble at the quayside for safety briefing – *do not enter the water without permission*

People joining the club and WTC members without a card

You will have to pay £3.40 swim fee plus £5.00 for a day licence (Total £8.40). The £5 will be refunded on proof of membership or receipt of membership fee.

- Join the Current Members queue
- Have your fee ready *before* you get to the front of the queue
- Have the name and number of an emergency contact ready *before* you get to the front of the queue
- Ask to be registered on the Day Licence form, providing the registrars with the required information
- Receive a numbered wristband
- If you are a confident open water swimmer (and don't already have one) take a yellow hat
- If you are nervous (even slightly) take a white hat (the colour might vary on some sessions)
- Get changed
- Assemble at the quayside for safety briefing – *do not enter the water without permission*

Non members who are not joining WTC

You will have to pay £3.40 swim fee plus £5.00 for a day licence (Total £8.40)

- Join the appropriate queue
- Have your fee ready *before* you get to the front of the queue
- Have the name and number of an emergency contact ready *before* you get to the front of the queue
- Ask to be registered on the Day Licence form, providing the registrars with the required information
- Receive a numbered wristband
- If you are a confident open water swimmer (and don't already have one) take a yellow hat
- If you are nervous (even slightly) take a white hat (the colour might vary on some sessions)
- Get changed
- Assemble at the quayside for safety briefing – *do not enter the water without permission*

Some important Rules

Registrars and Spotters have been instructed by the WTC committee to apply the following rules and not enter any debate.

Please do not argue with Registrars of Spotters – they are volunteers, giving up their own time (and swim!) so others can swim.

- NO MEMBERSHIP CARD – DAY LICENCE REQUIRED
- NO CARD OR DAY LICENCE – NO SWIM
- NO BAND – NO ENTRY TO CHANGING ROOM & NO SWIM
- NO WETSUIT – NO SWIM (unless prior permission has been granted by the committee).
- NO SWIMMERS UNDER 16. SWIMMERS UNDER 18 MUST MAKE THEMSELVES KNOW AT REGISTRATION