

# Wakefield Triathlon Club League Summer 2011

2011 Dates				tot	wet	bike	run	
Sat 16th April	9am	Pugneys	Standard Duathlon	1	1	1		
Sun 24th April	9am	Pugneys	Time Trial (Olympic Tri Route)	2	2			
Wed 27th April	7pm	Pugneys	Short Duathlon	3	3	2		
Sat 7th May	9.15am	Pugneys	Aquathon	4	1		3	
Mon 9th May	6.15pm	Oxpring	Trunce 4 mile XC	5			4	
Wed 11th May	7pm	Calder Clarion	Time Trial (V919)	6	4			
Tue 17th May	6.15pm	High Hoyland	Hill Climb	7	5			
Sun 22nd May	9.15am	Pugneys	Sprint Triathlon	8	2	6	5	
Thu 26th May	7pm	Pugneys	Standard Duathlon* (see note)	9	7	6		
Sun 29th May	TBC	TBC	Road Quest / AB Special / Other TBC	10	8			
Sun 5th June	Scissett Sprint	pm	Scissett	Sprint Triathlon	11	3	9	7
Sat 11th June	9am	Pugneys	Long Duathlon	12	10	8		
Wed 15th June	7pm	Calder Clarion	Time Trial (V913)	13	11			
Tue 21st June	7pm	Pugneys	Standard Duathlon* (see note)	14	12	9		
Sun 26th June	ADITL MD	am	Lake District	Middle Distance Triathlon	15	4	13	10
Sun 3rd July	9.15am	Pugneys	Sprint Triathlon	16	5	14	11	
Sat 9th July	Ripon Olympic	am	Ripon Racecourse	Olympic Triathlon	17	6	15	12
Sun 10th July - Jane Tomlinson Swim								
Mon 11th July	Trunce	6.15pm	Oxpring	Trunce 4 mile XC	18			13
Wed 13th July	7pm	Calder Clarion	Time Trial (V919)	19	16			
Fri 15th July	7pm	Pugneys	Junior/Senior Relay / BBQ	20	17			
Thu 28th July	7pm	Pugneys	Handicap Duathlon	21	18	14		
Mon 1st Aug	Trunce	6.15pm	Oxpring	Trunce 4 mile XC	22			15
Sun 7th Aug	8am	Scissett Baths	500m Pool Swim TT (session 1)	23	7			
Wed 10th Aug	7pm	Scissett Baths	500m Pool Swim TT (session 2)	23	7			
Sun 14th Aug	9.15am	Pugneys	Aquathon	24	8		16	
Wed 17th Aug	7pm	Calder Clarion	Time Trial (V919)	25	19			
Tue 23rd Aug	7pm	Pugneys	Standard Duathlon* (see note)	26	20	17		
Sun 28th Aug - Club Relays								
Thu 1st Sept	6.45pm	Pugneys	Short Duathlon	27	21	18		
Sun 11th Sept	Sandal Castle 10k	10am	Pugneys	10k off-road run	28			19
Sun 18th Sept	9am	Pugneys	Fancy Dress Finale (Std Dua)	29	22	20		

\* may change to Sprint or Olympic Triathlon if mid-week swimming is possible

"wet" events

8\* 3 external

bike events  
run events

22 7 external  
20 7 external

**Important Notes:**

1. All events with the exception of the Calder Clarion Time Trials, Trunce and Sandal Castle runs and the Scissett, Ripon and A Day in the Lakes Triathlon are training events organised by Wakefield Triathlon Club for Club Members and are generally free to enter although water based events require payment to Pugneys.
2. The 10m Time Trials are independent of WTC and are organised by Calder Clarion Cycling club and (usually) start from Heath Common. Although only the 4 events listed count towards the WTC Summer Series, Calder Clarion hold the 10m TT on most Wednesdays from the beginning of May through to the end of August. Details can be found on their website <http://www.calder-clarion.co.uk/>
3. Appearance in the results of the Summer Series is conditional on registering to act, and acting, as a timer &/or marshal for at least one Series event during the summer. Please register your interest on the forum or by email to Guy Willard and the club website calendar will be updated to show who has volunteered for each event. Ideally we will have at least 3 volunteers for each event.
4. Please allow adequate time (at least 15 minutes) before the start of each event to register, change, set-up etc. In particular please note that registration for Calder Clarion events is around 30 minutes before start time.
5. Dates and events are subject to change and any updates and latest details will appear on the WTC website calendar – see [www.wakefieldtriclub.co.uk](http://www.wakefieldtriclub.co.uk) &/or on the forum.
6. More detailed event details including course details and routes are available on the forum, web-site and/or calendar.